



Council for
Intellectual Disability



Challenging health

The latest intellectual disability health advocacy and action

Jim Simpson

Who we are

Council for Intellectual Disability (CID) is a disability rights organisation led by people with intellectual disability. For more than 60 years we have been working to ensure a community where all people with intellectual disability are valued.

What I'm covering today

- My Health Matters folder
- CID health fact sheets
- Our health campaigns
- Action in health agencies and the NDIS



My communication

I find it easy to understand people when they

☐ Speak slowly

☒ Use plain English

☒ Make eye contact

☐ Use big text when writing to me

☐ Stick to one topic at a time

☐ Use sign language

☒ Other

I can understand all conversations



TOP5



You can ask the person who knows you best to help you fill this part in.

The TOP 5 are the **5 most important things** you need people to know about your disability, health, behaviour and communication.

1.

I have cerebal palsy quadrep-
legia. I cannot stand sit
without full support

CID health fact sheets

For families and disability workers

Easy Read sheets coming soon.

Our health campaigns

- Deadly Disability Discrimination – Campaign for statewide intellectual disability health services 2006-2018
- Hard to Swallow – NDIS and swallowing therapy 2018
- Our Health Counts – Federal election 2019

Thanks for your support!

Campaigns are team efforts.

Our Health Counts

What we wanted:

- Better training for doctors and nurses
- Support for GPs to do better
- A national inquiry

Our Health Counts

What we've got:

- An ID health program in 4 Primary Health Networks and national rollout in 4 years
- Greg Hunt presses curriculum enhancement with medical and nursing deans
- A draft National Roadmap
- The Disability Royal Commission

Links to today's resources

My Health Matters

cid.org.au/mhm

Health fact sheets

cid.org.au/resource/health-fact-sheets/

Our campaigns

cid.org.au/our-campaigns

Draft National Roadmap

www1.health.gov.au/internet/main/publishing.nsf/Content/national-roadmap-for-improving-the-health-of-Australians-with-intellectual-disability

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