



General Practice Care for people with Down Syndrome

Health Conference Down Syndrome NSW

27th September 2019

Novotel Central Hotel Sydney

Dr Aline Smith MBBS FRACGP

APICU

Academic Primary &
Integrated Care Unit



UNSW
AUSTRALIA

Medicine



Health
South Western Sydney
Local Health District

General Practice Care

- * Continuity of Care
- * Coordination and Clinical Teamwork
- * Comprehensiveness
- * Person Centredness
- * Whole person Care
- * Diagnostic and Therapeutic Skill
- * Continuing evolution of the discipline

Person centred medical home

As you pursue your health care journey, you may make stops at different places:



Wherever your journey takes you, your **primary care team** will help guide the way and coordinate your care.

Key points

Develop a relationship with GP and obtain commitment to provide ongoing care

Ask for long appointments

Support the patient to attend

List concerns to address & prioritise

Ask for separate appointments for well person check-ups for rapport building, preventative checks, health assessments & care planning

Keep relevant information in a folder & take to every consultation

Contact and Resource details:-

- * **Dr Aline Smith MBBS FRACGP**
- * **The Academic Primary and Integrated Care Unit**
 - * **(APICU)Ingham Institute | Liverpool Hospital**
 - * **Private Practice: The Village Medical Practice**
 - * **Summer Hill**
- * **Aline.smith@health.nsw.gov.au**
- * **www.villagemedicalpractice.com.au**

Resource : My health matters folder

<https://cid.org.au/resource/my-health-matters-folder/>