



Important Health Implications and Challenges of Ageing Faced by People with Down Syndrome:

Oral Health

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SYDNEY



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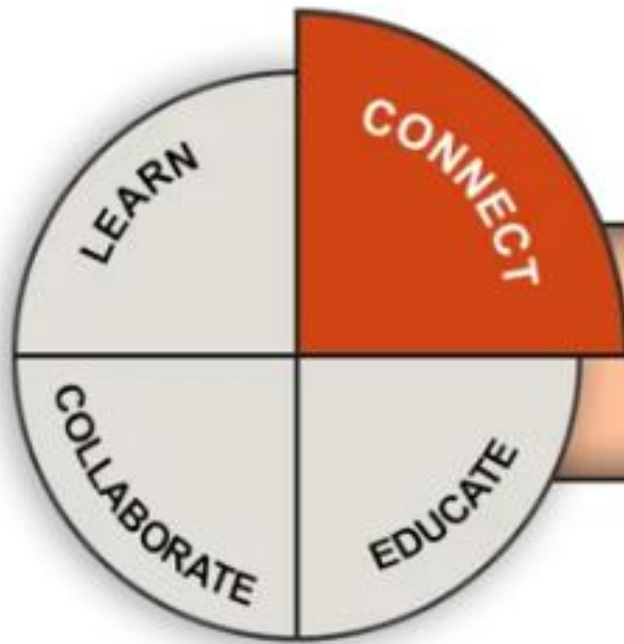


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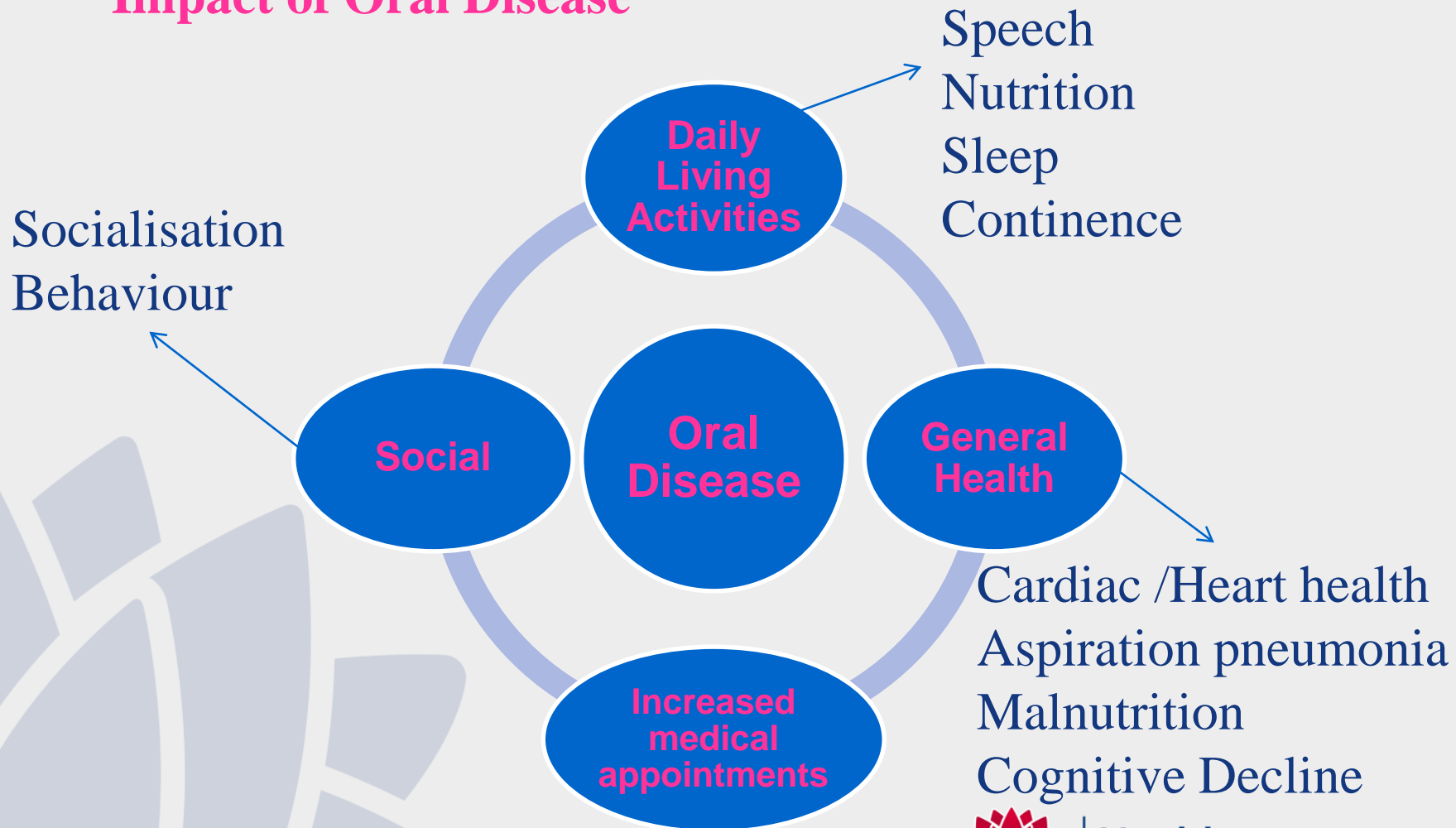
CONNECTING ORAL HEALTH TO
OVERALL HEALTH:
**PUT THE MOUTH BACK
INTO THE BODY**

<https://www.nccpahealthfoundation.net/Tools-Resources/Video-Library>



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Impact of Oral Disease



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The Personal Impact

1. Loss of function
2. Poor appearance
3. Low self esteem
4. Decreased quality of life



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WHERE?

- ☐ Public Dental Services
 - ✓ Sydney Dental Hospital
 - ✓ Westmead
- ☐ Private dental services
 - ✓ Special Needs Dentist
 - ✓ General dentist with an interest in treating people with disability
- ☐ Combination of both

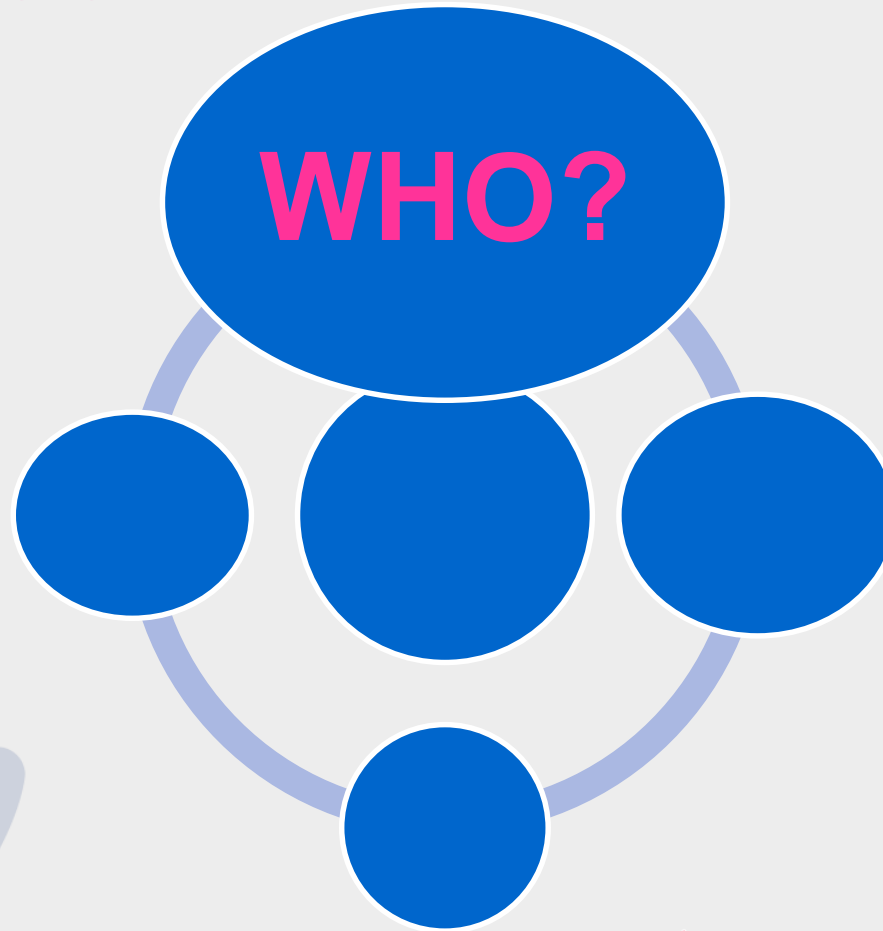
Sydney Dental Hospital

https://www.slhd.nsw.gov.au/OralHealth/services_specCare.html



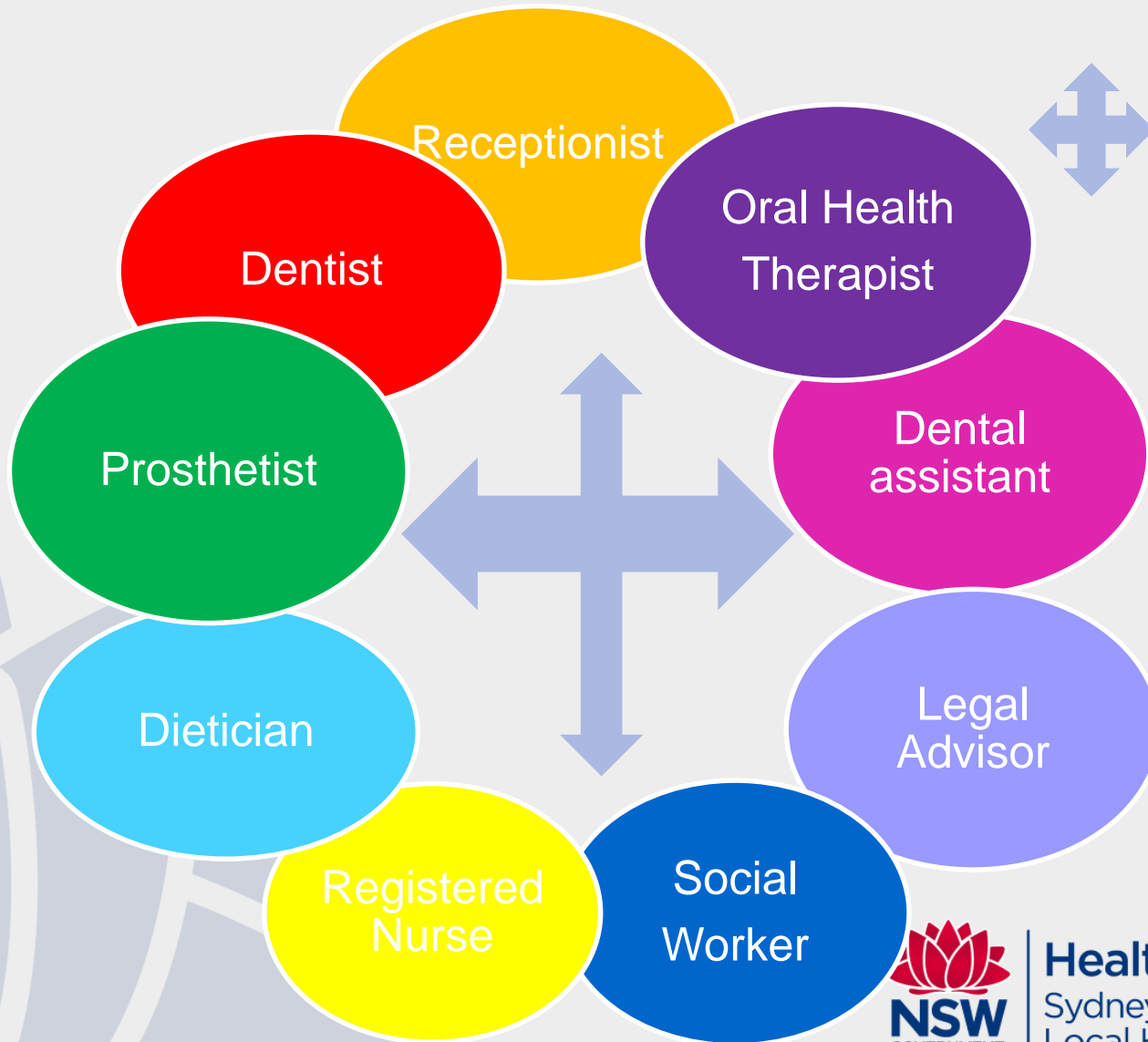
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Who will you meet?



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WHAT?



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What can we do for you?

- **Desensitisation and familiarisation**
- Regular review
- Early interventions
- Advice on products and techniques
- Treatment
- Support



Desensitisation and Familiarisation

- ❖ **Visual Supports – Story/Journey Boards**
- ❖ **Choice (boards) – support positive interactions**
- ❖ **Tactile Tools – relax and distract**
- ❖ **Familiarity**
- ❖ **Pacing**





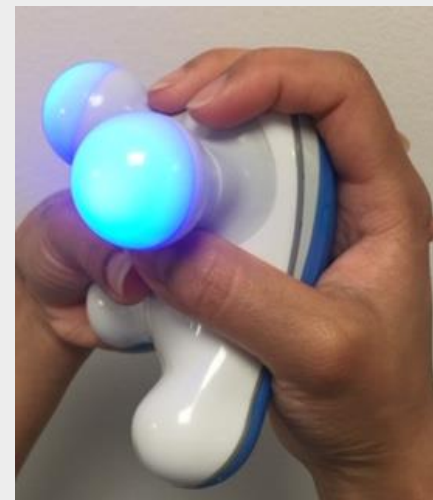
Story Board of the Dental Hospital



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Hand Held Massagers



Apps on the iPads



Weighted Blanket

What can we do for you?

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REGULAR REVIEW and EARLY INTERVENTION

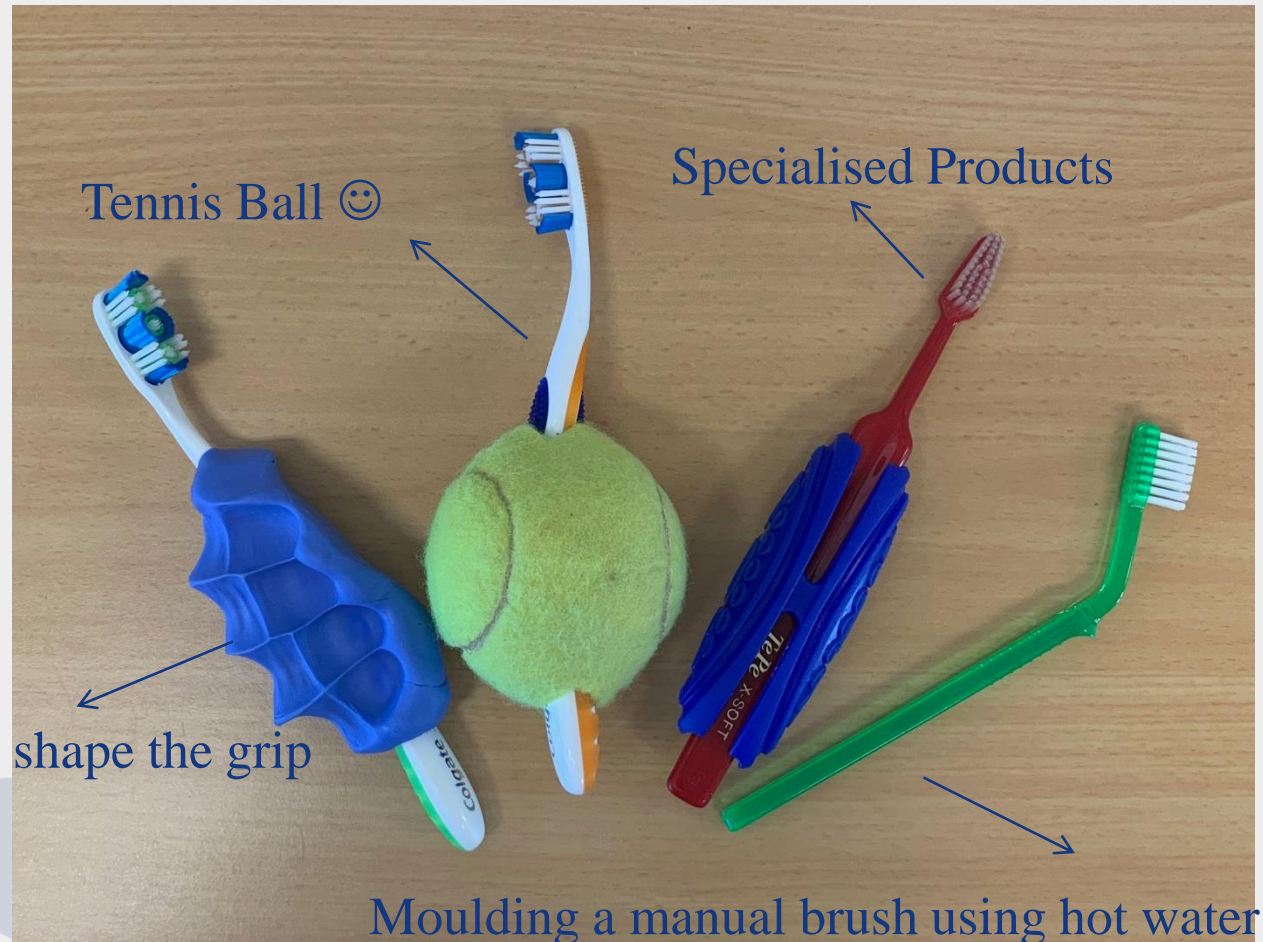
- Dental Changes
 - ✓ Find and fix problems early
 - ✓ Modify your treatment plan
 - ✓ Prevention of pain and infection
 - ✓ Minimise use of general anaesthesia
- Behavioural Changes
 - ✓ Consider other causes for change
 - ✓ Is it pain? Is the pain of dental origin?
- Health Changes
 - ✓ Liaise with other health professionals
 - ✓ Change treatment plans early



What can we do for you?

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Modified Tooth brushes



CHOICES or COMPROMISE



→ **TOP**

or

→ **BOTTOM**



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Fluoride is our friend😊



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Healthy Choices



or



or



Healthy v Treat



Other Products



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What can we do for you?

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 - Support



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Treatment

- Behavioural management Therapy
- Atraumatic Restorative Technique

Two year survival, acceptability and feasibility of ART restorations in people with disability.

The results of the present study show that ART is a feasible, acceptable and effective approach to restorative treatment in patients with disability, many of whom have difficulty coping with conventional treatment.

Gustavo F Molina¹, Denise Faulks^{2,3}, Jo E Frencken⁴

Treatment

- Behavioural management Therapy
- Atraumatic Restorative Technique
- **Local Anaesthetic – use of topical gel**
- **Oral Sedation**
- **Happy Gas**
- **IV Sedation**
- **General Anaesthesia**

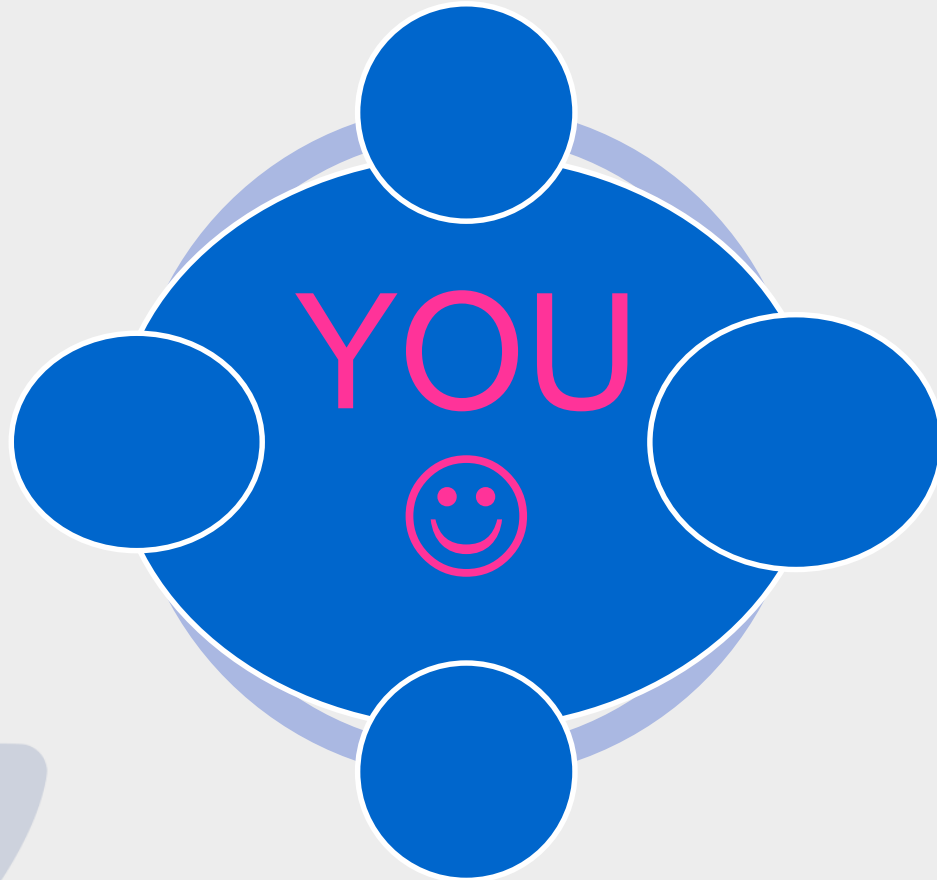


What can we do for you?

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- Advice
- Treatment
- **Support**



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YOU 😊



- Are the most important person in the room.
- Are the person we need listen to.
- Have choices.
- Make decisions about yourself.



AGEISM+
DISABILITY &
ILL HEALTH

Talked at, and down to, at the same time



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Coordinate care with other Allied Health Care Providers

Development of an Oral Health Care Plan

Practical hands on training for carers

Point of contact for advice



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Oral Health Care for Older People in NSW

A support package for family carers and support workers of older people with care or support needs.

Contains oral health information that can be useful for family, carers and support workers.

It is a guide on how to prevent and minimise health problems associated with older people.



Smile☺



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