



Up! Club Application Form



You can be a part of the Up! Club if you are a member of Down Syndrome NSW. There is free membership this year until June 2018.

Up! Club is a group of friends that meet in Sydney.

They go out together

They have fun



I would like to be a member of Up! Club

Yes



We need to know some things about you.

My first name is _____

My last name is _____

I am a man

I am a woman



I live at

Number _____

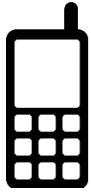
Street _____

Suburb _____

Postcode _ _ _ _



My phone number at home is



My mobile phone number is



My email is

(The Up! Club program will be emailed to this address)



My parents / guardian's email is

(The Up! Club program will be emailed to this address)



My birthday is on

___ / ___ / _____



I am ___ years old



What language do you speak?



I live

With my family

With my friends

By myself

**Who do we call
in an emergency?**

Name _____

Relationship to you

Address

Mobile

Email

Medical details



Do you have any medical conditions?

No

Yes Please tell us more about this



Do you have any mental health needs that we should know about?

No

Yes Please tell us more about this



Do you take any medication?

No

Yes Please tell us more about this



Does your medication allow you to drink alcohol?

No

Yes Please tell us any limits to how much alcohol you can drink



Do you have any allergies?

No

Yes Please tell us more about this



Do you have any dietary needs?

No

Yes Please tell us more about this



Do you need support using public transport?

No

Yes Please tell us more about this



Do you need support eating the right foods / drinks?

No

Yes Please tell us more about this



Do you need support with communication?

No

Yes Please tell us more about this



Do you need support using money?

No

Yes Please tell us more about this



Can you swim safely by yourself?

No

Yes Please tell us more about this

25

Can you swim 25 metres?

No

Yes



Can you swim in a pool?

No

Yes



Can you swim at the beach?

No

Yes

Travel to up! Club activities

You need to organise your own travel to and from activities
To help with this, centrally located meeting points are arranged for Up! Club activities.

Travel from Up! Club activities

At the end of the activity we can supervise you into a taxi home.



You are welcome to bring someone with you if you need extra help.



Companion Card

I have a NSW Companion Card

No

Yes Please tell us more about this

Companion card Number

_____ / _____

Expiry date ____ / ____

Join Down

Are you a member of DS NSW?

Syndrome NSW

(You need to be a member NOT your parent's membership)

\$30 each year

Yes

No



There are 2 ways you can pay the \$30.

1. Use a credit card

Name of Cardholder

Expiry date __ __ / __ __

CCV Code (on back of credit card) __ __ __

2. Make a direct deposit

Deposit \$30 to:

Account name **Down Syndrome NSW**

BSB **06 2315**

Account number **0090 1136**

Please put your name in the reference field

Final check



I have answered every question on the form

Yes

I have attached a copy of my Companion Card

Yes

or I will apply for a Companion Card

As an Up!

Let Flavio know if my details change

Club member

Yes

I must

Let Flavio know before the event that I want to go to it.

Yes

I will meet everyone at the Up! Club meeting point on time for the activity

Yes

I understand the Up! Club rules and will follow them

Yes

I will renew my DS NSW membership each year to continue being in the Up! Club (\$30)

Yes

Please sign your name:

Date: __ __ / __ __ / __ __ __ __

Parent / carer signature:

Date: __ __ / __ __ / __ __ __ __

Post this form and a copy of your companion card to:

Down Syndrome NSW
PO Box 107
Northmead NSW 2150

Or email to:
UpClub@dsansw.org.au