

# FEBRUARY 2025

<u>DAY</u>	<u>PROGRAM</u>	<u>EVENT</u>	<u>TIME</u>	<u>SPEAKER</u>
<b>SATURDAY 1ST</b>	UP! Club	<u>Saturday Night Fever</u>	6:00pm - 8:00pm	
<b>FRIDAY 7TH</b>	UP! Club	<u>Live Music and Chat</u>	3:30pm - 5:30pm	
<b>SATURDAY 8TH</b>	UP! Club	<u>Saturday Night Fever</u>	6:00pm - 8:00pm	
<b>TUESDAY 11TH</b>	Inclusion Institute	<u>Toilet Training with Becky Khan</u>	10:00am - 11:30am	Rebecca Khan
<b>THURSDAY 13TH</b>	Congratulations	<u>Online Catch UP!</u>	10:00am - 10:30am	
<b>FRIDAY 14TH</b>	UP! Club	<u>Live Music and Chat</u>	3:30pm - 5:30pm	
<b>SATURDAY 15TH</b>	UP! Club	<u>Saturday Night Fever</u>	6:00pm - 9:00pm	
<b>SATURDAY 15TH</b>	Congratulations	<u>New Babies Day</u>	11:00am - 2:00pm	
<b>MONDAY 17TH</b>	Member Consultation	<u>Member Consultation - Prenatal</u>	11:00am - 12:00pm	

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<b>THURSDAY 20TH</b>	Member Consultation	<u>Member Consultation - Ageing</u>	11:00am - 12:00pm	
<b>FRIDAY 21ST</b>	UP! Club	<u>Live Music and Chat</u>	3:30pm - 5:30pm	
<b>SATURDAY 22ND</b>	UP! Club	<u>Saturday Night Fever</u>	6:00pm - 8:00pm	
<b>TUESDAY 25TH</b>	Inclusion Institute	<u>Down Syndrome and Digestive Health</u>	10:00am - 11:30am	Nicky Clark
<b>THURSDAY 27TH</b>	Congratulations	<u>Online Catch UP!</u>	10:00am - 10:30am	
<b>FRIDAY 28TH</b>	UP! Club	<u>Live Music and Chat</u>	3:30pm - 5:30pm	

